

All the benefits
at a glance:
swica.ch/optima

OPTIMA

THE COMPREHENSIVE ADDITION FOR HIGHER DEMANDS.

BECAUSE HEALTH
IS EVERYTHING

SWICA

COMPREHENSIVE AND GENEROUS. OPTIMA FROM SWICA.

OPTIMA offers worldwide private outpatient cover with special extras designed for those with higher demands. It offers additional benefits above and beyond those provided by mandatory healthcare insurance and other supplementary insurance plans offered by SWICA.

VISION AIDS



90% up to 300 francs for glasses and contact lenses every three calendar years

VACCINATIONS



90% of the cost of inoculations and travel vaccinations

HEALTH PROMOTION AND PREVENTIVE HEALTHCARE



90% up to 300 francs for preventive activities relating to exercise, nutrition and wellbeing per calendar year (e.g. fitness, sports clubs, dance classes, nutritional advice, swimming pools and saunas)

COMPLEMENTARY MEDICINE



Full cover* of costs, in combination with additional SWICA supplementary plans, for outpatient complementary treatments with SWICA-recognised therapists

TREATMENT ABROAD



Full cover for conventional outpatient treatment at the private insurance rate – worldwide*

MEDICAL CHECK-UPS



90% of the costs for preventive medical check-ups to identify illness at an early stage

*SWICA applies the statutory or contractually agreed co-payments to these benefits.

THERE FOR YOU, 24 HOURS A DAY, 365 DAYS A YEAR.

Phone 0800 80 90 80 / [swica.ch](https://www.swica.ch)

SWICA